

# February Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>Morning Snack</b> Potato & Chorizo Tacos <b>Lunch</b> Chicken Nuggets Mashed Potatoes & Steamed Broccoli Apple Sauce <b>Afternoon Snack</b> Jell-O & Pretzels V	<b>4</b> <b>Morning Snack</b> Vanilla Yogurt Graham Crackers V <b>Lunch</b> Grilled Cheese & Tomato Soup Seasonal Fresh Fruit Vanilla Cookie V <b>Afternoon Snack</b> Goldfish & Seasonal Fresh Fruit V	<b>5</b> <b>Morning Snack</b> Brown Sugar Oatmeal V <b>Lunch</b> Hamburgers Tator Tots Steamed Vegetable Blend <b>Afternoon Snack</b> Granola Bars & Seasonal Fresh Fruit V	<b>6</b> <b>Morning Snack</b> Cinnamon Rolls & Seasonal Fresh Fruit V <b>Lunch</b> Bean & Cheese Tostadas Topped w/ Shredded Lettuce & Salsa Steamed Vegetable and Pepper Blend Seasonal Fresh Fruit V <b>Afternoon Snack</b> Applesauce & Crackers V	<b>7</b> <b>Morning Snack</b> Sausage Biscuit <b>Lunch</b> Spaghetti with Meat Sauce Garden Salad with Ranch Dressing Seasonal Fresh Fruit <b>Afternoon Snack</b> Cheese Cubes and Pretzel Sticks V
<b>10</b> <b>Morning Snack</b> Egg & Sausage Tacos <b>Lunch</b> Mac-n-Cheese Steamed Broccoli Seasonal Fresh Fruit V <b>Afternoon Snack</b> Soft Pretzels w/ Cheese Dip V	<b>11</b> <b>Morning Snack</b> Cereal V <b>Lunch</b> Turkey & Cheese Sandwiches Baby Carrot Sticks w/ Ranch Dip Seasonal Fresh Fruit <b>Afternoon Snack</b> Strawberry Yogurt & Seasonal Fresh Fruit V	<b>12</b> <b>Morning Snack</b> Bean & Cheese Tacos V <b>Lunch</b> Crispy Chicken Sandwiches Potato Chips & Steamed Baby Carrots Seasonal Fresh Fruit <b>Afternoon Snack</b> Rice Cakes with Sunbutter V	<b>13</b> <b>Morning Snack</b> Biscuits & Jelly V <b>Lunch</b> Turkey Sausage Pizza Garden Salad w/ Ranch Dressing Seasonal Fresh Fruit <b>Afternoon Snack</b> Veggie Straws & Hummus V	<b>14</b> <b>Morning Snack</b> Blueberry Muffins V <b>Lunch</b> Steak Fingers w/ Brown Gravy Mashed Potatoes Seasonal Fresh Fruit <b>Afternoon Snack</b> Baked Pepperoni Rolls Marinara Dipping Sauce
<b>17</b> <b>Morning Snack</b> Scrambled Eggs & Hashbrowns V <b>Lunch</b> Beef Lasagna Steamed Garden Vegetable Blend Seasonal Fresh Fruit V <b>Afternoon Snack</b> Nut-Free Trail Mix V	<b>18</b> <b>Morning Snack</b> Raisin Oatmeal V <b>Lunch</b> Chicken & Cheese Quesadilla Refried Beans Seasonal Fresh Fruit <b>Afternoon Snack</b> Fruit Cocktail & Oatmeal Bar V	<b>19</b> <b>Morning Snack</b> Plain Bagels w/ Cream Cheese V <b>Lunch</b> Pasta Alfredo V Steamed Peas and Carrots Seasonal Fresh Fruit <b>Afternoon Snack</b> Vanilla Pudding w/ Wafers V	<b>20</b> <b>Morning Snack</b> Pancakes & Bacon <b>Lunch</b> Chicken Broccoli Casserole Garden Salad w/ Ranch Dressing Seasonal Fresh Fruit <b>Afternoon Snack</b> Sunbutter & Jelly Sandwiches V	<b>21</b> <b>Morning Snack</b> Marble Rye Toast & Jam V <b>Lunch</b> Ground Turkey & Cheese Tacos Refried Beans, Salsa & Spanish Rice Seasonal Fresh Fruit <b>Afternoon Snack</b> Plain Yogurt Topped w/ Nut-Free Granola and Fresh Berries V
<b>24</b> <b>Morning Snack</b> French Toast Sticks Seasonal Fresh Fruit V <b>Lunch</b> Turkey Meatloaf Green Beans Seasonal Fresh Fruit <b>Afternoon Snack</b> String Cheese Sticks & Ritz Crackers V	<b>25</b> <b>Morning Snack</b> Cereal V <b>Lunch</b> Ham & Cheese Sandwiches Baby Carrot Sticks w/ Ranch Dip Seasonal Fresh Fruit <b>Afternoon Snack</b> Cheez-It's & Fresh Fruit V	<b>26</b> <b>Morning Snack</b> Waffles Topped w/ Blueberries V <b>Lunch</b> Turkey Sausage Pizza Garden Salad w/ Ranch Dressing Seasonal Fresh Fruit <b>Afternoon Snack</b> Nut-Free Trail Mix V	<b>27</b> <b>Morning Snack</b> Scrambled Eggs w/ Cheese Toasted English Muffin V <b>Lunch</b> Orange Chicken Veggie Rice Seasonal Fresh Fruit <b>Afternoon Snack</b> Baby Carrot Sticks w/ Ranch Dip V	<b>28</b> <b>Morning Snack</b> Cinnamon Toast V <b>Lunch</b> Salisbury Steak w/ Brown Gravy Green Beans Seasonal Fresh Fruit <b>Afternoon Snack</b> Warm Turkey and Cheese Tortilla Roll-Ups V

Milk is offered with morning snack and lunch. Toddlers enjoy whole milk. Children over the age of 2 enjoy 1% milk.  
Water is offered at every meal and throughout the day.

Infants and toddlers will receive apple sauce in lieu of apple slices and cooked carrots in lieu of raw carrots.  
\*Fruit is seasonal and subject to change \* All items/ options on our menu are nut free. \*